



4. Erfurt Marathon

Erfurt / 19.08.2017

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WENK, Helena-Phelicitas

□□: Einradclub Erfurt e.V.

□□: 99

□□: 42.30 km

Marathon Einrad

□□□□:

Frauen

□□□: 5:36:42

□□: 7.48 km/h

□□□□: 7:58 min/km

□□□□□/□□□: 16 (of 18)

□□□□□/□: 6 (of 8)

□□□□□□: 2:38:11

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□□□□□□□: 2:38:11

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Nördlichster Punkt | 4.90 | 24:25 | 4:58 | 7 | 10:45 | 7 | 10:45 | 4.90 | 24:25 | 4:58 | 7 | 10:45 | 7 | 10:45 |
| Wechselstelle 1 | 5.40 | 30:39 | 5:40 | 5 | 14:39 | 5 | 14:39 | 10.30 | 55:04 | 5:20 | 5 | 25:01 | 5 | 25:01 |
| Wechselstelle 2 | 11.70 | 1:37:54 | 8:22 | 7 | 53:14 | 7 | 53:14 | 22.00 | 2:32:58 | 6:57 | 7 | 1:18:15 | 7 | 1:18:15 |
| Südlichster Punkt | 5.50 | 1:05:33 | 11:55 | 6 | 37:51 | 6 | 37:51 | 27.50 | 3:38:31 | 7:56 | 6 | 1:56:06 | 6 | 1:56:06 |
| Wechselstelle 3 | 4.00 | 40:40 | 10:09 | 6 | 23:33 | 6 | 23:33 | 31.50 | 4:19:11 | 8:13 | 7 | 2:19:39 | 7 | 2:19:39 |
| Erfurt | 10.70 | 1:17:31 | 7:14 | 5 | 38:52 | 5 | 38:52 | 42.30 | 5:36:42 | 7:57 | 6 | 2:58:31 | 6 | 2:58:31 |