



4. Erfurt Marathon

Erfurt / 19.08.2017

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DALBERT, Frank

□□: Chaosteam+run4fun

□□: 70

□□: 42.30 km

Marathon Einzel

□□□□:

Männer

□□□: 4:02:09

□□: 10.41 km/h

□□□□: 5:43 min/km

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□□□□□/□: 17 (of 56)

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Nördlichster Punkt	4.90	22:38	4:37	16	3:56	16	3:56	4.90	22:38	4:37	16	3:56	16	3:56
Wechselstelle 1	5.40	28:58	5:21	19	8:25	19	8:25	10.30	51:36	5:00	17	10:25	17	10:25
Wechselstelle 2	11.70	1:07:59	5:48	18	18:07	18	18:07	22.00	1:59:35	5:26	17	28:12	17	28:12
Südlichster Punkt	5.50	33:33	6:05	16	8:53	16	8:53	27.50	2:33:08	5:34	16	37:05	16	37:05
Wechselstelle 3	4.00	25:58	6:29	23	8:13	23	8:13	31.50	2:59:06	5:41	16	45:18	16	45:18
Erfurt	10.80	1:03:03	5:50	19	17:11	19	17:11	42.30	4:02:09	5:43	17	1:02:29	17	1:02:29