



4. Erfurt Marathon

Erfurt / 19.08.2017

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Sahl, Andreas

□□: RSV Arnstadt

□□: 180

□□: 42.30 km

Marathon Einzel

□□□□:

Männer

□□□: 4:06:35

□□: 10.22 km/h

□□□□: 5:50 min/km

□□□□□/□□□: 20 (of 63)

□□□□□/□: 18 (of 56)

□□□□□□: 2:59:40

□□□□□: 18(of 56)

□□□□□□□: 2:59:40

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|--------------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Nördlichster Punkt | 4.90 | 21:36 | 4:24 | 10 | 2:54 | 10 | 2:54 | 4.90 | 21:36 | 4:24 | 10 | 2:54 | 10 | 2:54 |
| Wechselstelle 1 | 5.40 | 26:18 | 4:52 | 7 | 5:45 | 7 | 5:45 | 10.30 | 47:54 | 4:39 | 8 | 6:43 | 8 | 6:43 |
| Wechselstelle 2 | 11.70 | 1:03:36 | 5:26 | 9 | 13:44 | 9 | 13:44 | 22.00 | 1:51:30 | 5:04 | 9 | 20:07 | 9 | 20:07 |
| Südlichster Punkt | 5.50 | 41:32 | 7:33 | 43 | 16:52 | 43 | 16:52 | 27.50 | 2:33:02 | 5:33 | 15 | 36:59 | 15 | 36:59 |
| Wechselstelle 3 | 4.00 | 26:19 | 6:34 | 26 | 8:34 | 26 | 8:34 | 31.50 | 2:59:21 | 5:41 | 17 | 45:33 | 17 | 45:33 |
| Erfurt | 10.80 | 1:07:14 | 6:13 | 26 | 21:22 | 26 | 21:22 | 42.30 | 4:06:35 | 5:49 | 18 | 1:06:55 | 18 | 1:06:55 |