



4. Erfurt Marathon

Erfurt / 19.08.2017

OSTAPENKO

OSTAPENKO, Tanya

Team: Marathon Maniacs

Bib: 132

Distance: 42.30 km

Marathon Einzel

Gender: Frauen

Category: Frauen

Total Time: 4:22:37

Avg Speed: 9.60 km/h

Avg Pace: 6:13 min/km

Rank: 36 (of 63)

Gender Rank: 4 (of 7)

Age Rank: 3:50:56

Age Group Rank: 4 (of 7)

Age Group Time: 3:50:56

Split

Segment

Time

Split	km	Time	Pace	Rank	Delta	Segment	km	Time	Pace	Rank	Delta	Segment	km	Time	Pace	Rank	Delta
Nördlichster Punkt	4.90	25:18	5:09	3	2:20	3	4.90	25:18	5:09	3	2:20	3	4.90	25:18	5:09	3	2:20
Wechselstelle 1	5.40	29:51	5:31	3	2:25	3	10.30	55:09	5:21	3	4:45	3	10.30	55:09	5:21	3	4:45
Wechselstelle 2	11.70	1:12:53	6:13	4	12:53	4	22.00	2:08:02	5:49	3	13:24	3	22.00	2:08:02	5:49	3	13:24
Südlichster Punkt	5.50	38:57	7:04	3	7:23	3	27.50	2:46:59	6:04	3	20:47	3	27.50	2:46:59	6:04	3	20:47
Wechselstelle 3	4.00	28:51	7:12	4	24:51	4	31.50	3:15:50	6:13	3	26:41	3	31.50	3:15:50	6:13	3	26:41
Erfurt	10.80	1:06:47	6:11	4	53:15	4	42.30	4:22:37	6:12	4	31:41	4	42.30	4:22:37	6:12	4	31:41