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**BETTIN, Erik**

000: 2:38:56

00: Weltraumjogger Berlin

00: 385

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 82 (of 233)

00000/0: 79 (of 179)

000000: 2:04:10

0000:

00000: 16(of 39)

SEN2 / TM 45

0000000: 2:19:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	27:25	18:16	6	4:50	29	6:49	1.50	27:25	18:16	6	4:50	29	6:49
Wechsel S -> R	0.26	1:57	7:30	2	0:02	11	0:32	1.76	29:22	16:41	5	3:54	25	6:33
Schwimmen 000	1.76	29:22	16:41	5	3:54	25	6:33	1.76	29:22	16:41	5	3:54	25	6:33
Rad netto	40.00	1:14:31	1:51	26	11:10	95	13:18	41.76	1:43:53	2:29	10	12:54	49	17:16
Wechsel R -> L	0.13	0:54	6:55	1	-	6	0:11	41.89	1:44:47	2:30	8	12:39	46	17:27
Radfahren 000	40.13	1:15:25	1:52	24	10:55	87	13:29	41.89	1:44:47	2:30	8	12:39	46	17:27
Lauf	10.00	54:09	5:24	27	12:37	125	17:37	51.89	2:38:56	3:03	16	19:02	79	34:46