



0000

BRANDIS, Daniel

000: 2:39:13

00: Ruppiner Triathlon Verein

00: 513

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 85 (of 233)

00000/0: 82 (of 179)

000000: 2:04:10

0000:

00000: 12(of 27)

SEN1 / TM 40

0000000: 2:23:25

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	35:59	23:59	24	8:29	139	15:23	1.50	35:59	23:59	24	8:29	139	15:23
Wechsel S -> R	0.26	2:10	8:19	3	0:17	22	0:45	1.76	38:09	21:40	21	7:56	123	15:20
Schwimmen 000	1.76	38:09	21:40	21	7:56	123	15:20	1.76	38:09	21:40	21	7:56	123	15:20
Rad netto	40.00	1:11:49	1:47	9	6:41	60	10:36	41.76	1:49:58	2:37	14	13:10	90	23:21
Wechsel R -> L	0.13	1:45	13:27	17	0:51	111	1:02	41.89	1:51:43	2:40	13	13:38	89	24:23
Radfahren 000	40.13	1:13:34	1:49	10	7:24	62	11:38	41.89	1:51:43	2:40	13	13:38	89	24:23
Lauf	10.00	47:30	4:45	8	5:59	57	10:58	51.89	2:39:13	3:04	12	15:48	82	35:03