



0000

EGGERSTEDT, Marc

000: 2:41:11

00: Hamburg

00: 472

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 91 (of 233)

00000/0: 87 (of 179)

000000: 2:04:10

0000:

SEN2 / TM 45

00000: 20(of 39)

0000000: 2:19:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	26:29	17:39	4	3:54	25	5:53	1.50	26:29	17:39	4	3:54	25	5:53
Wechsel S -> R	0.26	3:14	12:26	19	1:19	93	1:49	1.76	29:43	16:53	6	4:15	27	6:54
Schwimmen 000	1.76	29:43	16:53	6	4:15	27	6:54	1.76	29:43	16:53	6	4:15	27	6:54
Rad netto	40.00	1:14:20	1:51	25	10:59	93	13:07	41.76	1:44:03	2:29	11	13:04	51	17:26
Wechsel R -> L	0.13	2:01	15:30	24	1:07	130	1:18	41.89	1:46:04	2:31	12	13:56	59	18:44
Radfahren 000	40.13	1:16:21	1:54	26	11:51	96	14:25	41.89	1:46:04	2:31	12	13:56	59	18:44
Lauf	10.00	55:07	5:30	32	13:35	135	18:35	51.89	2:41:11	3:06	20	21:17	87	37:01