



0000

PREUßNER, Jürgen

000: 2:42:20

00: Berlin

00: 430

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 98 (of 233)

00000/0: 93 (of 179)

000000: 2:04:10

0000:

SEN3 / TM 50

00000: 13(of 22)

0000000: 2:27:52

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	30:05	20:03	8	3:46	60	9:29	1.50	30:05	20:03	8	3:46	60	9:29
Wechsel S -> R	0.26	6:22	24:29	21	4:30	168	4:57	1.76	36:27	20:42	13	8:13	105	13:38
Schwimmen 000	1.76	36:27	20:42	13	8:13	105	13:38	1.76	36:27	20:42	13	8:13	105	13:38
Rad netto	40.00	1:16:51	1:55	18	11:38	119	15:38	41.76	1:53:18	2:42	15	15:57	109	26:41
Wechsel R -> L	0.13	1:48	13:50	11	0:50	116	1:05	41.89	1:55:06	2:44	15	16:30	108	27:46
Radfahren 000	40.13	1:18:39	1:57	18	12:11	117	16:43	41.89	1:55:06	2:44	15	16:30	108	27:46
Lauf	10.00	47:14	4:43	5	5:46	52	10:42	51.89	2:42:20	3:07	13	14:28	93	38:10