



0000

BURGHARD, Nils

000: 2:44:48

00: Herzberg

00: 375

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 108 (of 233)

00000/0: 100 (of 179)

000000: 2:04:10

0000:

AK4 / TM 35

00000: 22(of 28)

0000000: 2:08:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	34:42	23:08	23	13:22	125	14:06	1.50	34:42	23:08	23	13:22	125	14:06
Wechsel S -> R	0.26	2:41	10:19	12	1:05	56	1:16	1.76	37:23	21:14	23	14:27	117	14:34
Schwimmen 000	1.76	37:23	21:14	23	14:27	117	14:34	1.76	37:23	21:14	23	14:27	117	14:34
Rad netto	40.00	1:10:20	1:45	9	6:18	39	9:07	41.76	1:47:43	2:34	17	20:45	77	21:06
Wechsel R -> L	0.13	1:57	15:00	23	1:11	128	1:14	41.89	1:49:40	2:37	17	21:51	76	22:20
Radfahren 000	40.13	1:12:17	1:48	11	7:24	47	10:21	41.89	1:49:40	2:37	17	21:51	76	22:20
Lauf	10.00	55:08	5:30	27	16:04	136	18:36	51.89	2:44:48	3:10	22	36:04	100	40:38