



0000

PAPE, Matthias

000: 2:51:12

00: Berlin

00: 333

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 138 (of 233)

00000/0: 122 (of 179)

000000: 2:04:10

0000:

SEN2 / TM 45

00000: 29(of 39)

0000000: 2:19:54

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.50	33:31	22:20	25	10:56	111	12:55	1.50	33:31	22:20	25	10:56	111	12:55
Wechsel S -> R	0.26	3:52	14:52	29	1:57	125	2:27	1.76	37:23	21:14	27	11:55	117	14:34
Schwimmen 000	1.76	37:23	21:14	27	11:55	117	14:34	1.76	37:23	21:14	27	11:55	117	14:34
Rad netto	40.00	1:13:51	1:50	23	10:30	88	12:38	41.76	1:51:14	2:39	24	20:15	98	24:37
Wechsel R -> L	0.13	1:51	14:13	23	0:57	119	1:08	41.89	1:53:05	2:41	24	20:57	99	25:45
Radfahren 000	40.13	1:15:42	1:53	25	11:12	91	13:46	41.89	1:53:05	2:41	24	20:57	99	25:45
Lauf	10.00	58:07	5:48	35	16:35	152	21:35	51.89	2:51:12	3:17	29	31:18	122	47:02