



0000

WIENHOLD, Claudia

000: 2:49:42

00: TEA/sv burkhardtsgrün

00: 399

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 129 (of 233)

00000/0: 14 (of 54)

000000: 2:31:35

0000:

SEN2 / TW 45

00000: 4(of 9)

0000000: 2:38:01

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	33:43	22:28	6	4:26	20	10:29	1.50	33:43	22:28	6	4:26	20	10:29
Wechsel S -> R	0.26	3:43	14:17	7	1:29	32	1:51	1.76	37:26	21:16	6	4:56	19	12:20
Schwimmen 000	1.76	37:26	21:16	6	4:56	19	12:20	1.76	37:26	21:16	6	4:56	19	12:20
Rad netto	40.00	1:19:37	1:59	4	7:39	15	7:39	41.76	1:57:03	2:48	5	10:40	17	16:27
Wechsel R -> L	0.13	1:29	11:24	3	0:22	20	0:32	41.89	1:58:32	2:49	5	11:02	17	16:59
Radfahren 000	40.13	1:21:06	2:01	4	8:01	15	8:01	41.89	1:58:32	2:49	5	11:02	17	16:59
Lauf	10.00	51:10	5:06	4	4:07	9	6:39	51.89	2:49:42	3:16	4	11:41	14	18:07