



Erkner Triathlon
Erkner / 10.09.2017

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WEINRICH, Daniel

000: 2:52:41

00: Berlin

00: 548

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 142 (of 233)

00000/0: 127 (of 179)

000000: 2:04:10

0000:

00000: 30(of 39)

SEN2 / TM 45

0000000: 2:19:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	33:36	22:24	26	11:01	113	13:00	1.50	33:36	22:24	26	11:01	113	13:00
Wechsel S -> R	0.26	4:42	18:04	33	2:47	146	3:17	1.76	38:18	21:45	29	12:50	125	15:29
Schwimmen 000	1.76	38:18	21:45	29	12:50	125	15:29	1.76	38:18	21:45	29	12:50	125	15:29
Rad netto	40.00	1:17:33	1:56	31	14:12	123	16:20	41.76	1:55:51	2:46	29	24:52	120	29:14
Wechsel R -> L	0.13	2:58	22:49	37	2:04	166	2:15	41.89	1:58:49	2:50	30	26:41	127	31:29
Radfahren 000	40.13	1:20:31	2:00	31	16:01	134	18:35	41.89	1:58:49	2:50	30	26:41	127	31:29
Lauf	10.00	53:52	5:23	26	12:20	124	17:20	51.89	2:52:41	3:19	30	32:47	127	48:31