



0000

ROSENBERG, Kathrin

000: 2:52:51

00: Potsdamer Seesportclub

00: 364

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 144 (of 233)

00000/0: 16 (of 54)

000000: 2:31:35

0000:

SEN2 / TW 45

00000: 5(of 9)

0000000: 2:38:01

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.50	29:17	19:31	1	-	3	6:03	1.50	29:17	19:31	1	-	3	6:03
Wechsel S -> R	0.26	3:13	12:22	4	0:59	24	1:21	1.76	32:30	18:27	1	-	3	7:24
Schwimmen 000	1.76	32:30	18:27	1	-	3	7:24	1.76	32:30	18:27	1	-	3	7:24
Rad netto	40.00	1:22:05	2:03	6	10:07	26	10:07	41.76	1:54:35	2:44	4	8:12	12	13:59
Wechsel R -> L	0.13	1:33	11:55	4	0:26	27	0:36	41.89	1:56:08	2:46	4	8:38	13	14:35
Radfahren 000	40.13	1:23:38	2:05	5	10:33	24	10:33	41.89	1:56:08	2:46	4	8:38	13	14:35
Lauf	10.00	56:43	5:40	8	9:40	29	12:12	51.89	2:52:51	3:19	5	14:50	16	21:16