



0000

BRUNN, Matthias

000: 2:56:50

00: Berlin

00: 408

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 162 (of 233)

00000/0: 141 (of 179)

000000: 2:04:10

0000:

AK4 / TM 35

00000: 25(of 28)

0000000: 2:08:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	38:03	25:21	27	16:43	161	17:27	1.50	38:03	25:21	27	16:43	161	17:27
Wechsel S -> R	0.26	5:09	19:48	25	3:33	157	3:44	1.76	43:12	24:32	25	20:16	160	20:23
Schwimmen 000	1.76	43:12	24:32	25	20:16	160	20:23	1.76	43:12	24:32	25	20:16	160	20:23
Rad netto	40.00	1:18:25	1:57	26	14:23	131	17:12	41.76	2:01:37	2:54	26	34:39	150	35:00
Wechsel R -> L	0.13	1:45	13:27	22	0:59	111	1:02	41.89	2:03:22	2:56	24	35:33	148	36:02
Radfahren 000	40.13	1:20:10	1:59	25	15:17	131	18:14	41.89	2:03:22	2:56	24	35:33	148	36:02
Lauf	10.00	53:28	5:20	26	14:24	120	16:56	51.89	2:56:50	3:24	25	48:06	141	52:40