



0000

WENZEL, Henning

000: 2:59:40

00: Berlin

00: 278

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 173 (of 233)

00000/0: 148 (of 179)

000000: 2:04:10

0000:

00000: 23(of 27)

SEN1 / TM 40

0000000: 2:23:25

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.50	35:46	23:50	23	8:16	137	15:10	1.50	35:46	23:50	23	8:16	137	15:10
Wechsel S -> R	0.26	5:09	19:48	26	3:16	157	3:44	1.76	40:55	23:14	25	10:42	145	18:06
Schwimmen 000	1.76	40:55	23:14	25	10:42	145	18:06	1.76	40:55	23:14	25	10:42	145	18:06
Rad netto	40.00	1:17:09	1:55	18	12:01	121	15:56	41.76	1:58:04	2:49	22	21:16	136	31:27
Wechsel R -> L	0.13	1:54	14:36	22	1:00	124	1:11	41.89	1:59:58	2:51	22	21:53	135	32:38
Radfahren 000	40.13	1:19:03	1:58	18	12:53	119	17:07	41.89	1:59:58	2:51	22	21:53	135	32:38
Lauf	10.00	59:42	5:58	25	18:11	158	23:10	51.89	2:59:40	3:27	23	36:15	148	55:30