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SÜLTMANN, Ullrich

000: 3:02:31

00: SV Elbland Coswig/Meißen
00: 378

00: 51.89 km
Olympisch (1,5/40/10 km)

00000/000: 183 (of 233)

00000/0: 153 (of 179)

000000: 2:04:10

0000:
SEN5 / TM 60

00000: 1(of 4)

0000000: 3:02:31

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	41:17	27:31	2	3:43	167	20:41	1.50	41:17	27:31	2	3:43	167	20:41
Wechsel S -> R	0.26	3:33	13:39	1	-	112	2:08	1.76	44:50	25:28	2	2:36	165	22:01
Schwimmen 000	1.76	44:50	25:28	2	2:36	165	22:01	1.76	44:50	25:28	2	2:36	165	22:01
Rad netto	40.00	1:23:36	2:05	1	-	153	22:23	41.76	2:08:26	3:04	1	-	160	41:49
Wechsel R -> L	0.13	1:27	11:09	1	-	73	0:44	41.89	2:09:53	3:06	1	-	160	42:33
Radfahren 000	40.13	1:25:03	2:07	1	-	153	23:07	41.89	2:09:53	3:06	1	-	160	42:33
Lauf	10.00	52:38	5:15	1	-	113	16:06	51.89	3:02:31	3:31	1	-	153	58:21