



0000

LOOS, Melanie

000: 3:04:36

00: Berlin

00: 487

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 186 (of 233)

00000/0: 33 (of 54)

000000: 2:31:35

0000:

SEN1 / TW 40

00000: 4(of 6)

0000000: 3:00:39

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	44:23	29:35	5	11:01	49	21:09	1.50	44:23	29:35	5	11:01	49	21:09
Wechsel S -> R	0.26	2:52	11:01	1	-	15	1:00	1.76	47:15	26:50	5	9:47	49	22:09
Schwimmen 000	1.76	47:15	26:50	5	9:47	49	22:09	1.76	47:15	26:50	5	9:47	49	22:09
Rad netto	40.00	1:25:30	2:08	5	7:44	36	13:32	41.76	2:12:45	3:10	5	13:03	45	32:09
Wechsel R -> L	0.13	1:34	12:03	4	0:17	29	0:37	41.89	2:14:19	3:12	5	13:17	45	32:46
Radfahren 000	40.13	1:27:04	2:10	5	8:01	36	13:59	41.89	2:14:19	3:12	5	13:17	45	32:46
Lauf	10.00	50:17	5:01	1	-	7	5:46	51.89	3:04:36	3:33	4	3:57	33	33:01