



0000

PEPER, Ingo

000: 3:07:33

00: Gossen-Neu Zittau

00: 292

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 192 (of 233)

00000/0: 156 (of 179)

000000: 2:04:10

0000:

00000: 25(of 27)

SEN1 / TM 40

0000000: 2:23:25

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	27:30	18:19	1	-	30	6:54	1.50	27:30	18:19	1	-	30	6:54
Wechsel S -> R	0.26	4:01	15:26	22	2:08	129	2:36	1.76	31:31	17:54	5	1:18	43	8:42
Schwimmen 000	1.76	31:31	17:54	5	1:18	43	8:42	1.76	31:31	17:54	5	1:18	43	8:42
Rad netto	40.00	1:35:09	2:22	25	30:01	172	33:56	41.76	2:06:40	3:01	25	29:52	159	40:03
Wechsel R -> L	0.13	1:34	12:03	11	0:40	90	0:51	41.89	2:08:14	3:03	25	30:09	158	40:54
Radfahren 000	40.13	1:36:43	2:24	25	30:33	171	34:47	41.89	2:08:14	3:03	25	30:09	158	40:54
Lauf	10.00	59:19	5:55	24	17:48	156	22:47	51.89	3:07:33	3:36	25	44:08	156	1:03:23