



0000

EXNER, Janin

000: 3:07:21

00: Berlin

00: 523

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 191 (of 233)

00000/0: 36 (of 54)

000000: 2:31:35

0000:

AK4 / TW 35

00000: 7(of 8)

0000000: 2:48:34

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	35:43	23:48	5	4:05	31	12:29	1.50	35:43	23:48	5	4:05	31	12:29
Wechsel S -> R	0.26	5:58	22:56	8	3:31	51	4:06	1.76	41:41	23:41	8	6:50	40	16:35
Schwimmen 000	1.76	41:41	23:41	8	6:50	40	16:35	1.76	41:41	23:41	8	6:50	40	16:35
Rad netto	40.00	1:23:45	2:05	6	7:12	31	11:47	41.76	2:05:26	3:00	7	10:46	34	24:50
Wechsel R -> L	0.13	2:34	19:44	8	1:12	47	1:37	41.89	2:08:00	3:03	7	11:55	33	26:27
Radfahren 000	40.13	1:26:19	2:09	6	8:21	31	13:14	41.89	2:08:00	3:03	7	11:55	33	26:27
Lauf	10.00	59:21	5:56	7	7:22	35	14:50	51.89	3:07:21	3:36	7	18:47	36	35:46