



0000

WOLTER, Martin

000: 3:18:34

00: KSC Kanu

00: 345

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 208 (of 233)

00000/0: 166 (of 179)

000000: 2:04:10

0000:

SEN4 / TM 55

00000: 9(of 10)

0000000: 2:23:58

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	33:19	22:12	6	4:36	108	12:43	1.50	33:19	22:12	6	4:36	108	12:43
Wechsel S -> R	0.26	4:05	15:42	7	2:27	134	2:40	1.76	37:24	21:15	6	7:03	119	14:35
Schwimmen 000	1.76	37:24	21:15	6	7:03	119	14:35	1.76	37:24	21:15	6	7:03	119	14:35
Rad netto	40.00	1:26:39	2:09	9	17:45	158	25:26	41.76	2:04:03	2:58	8	24:48	154	37:26
Wechsel R -> L	0.13	2:05	16:01	9	1:11	137	1:22	41.89	2:06:08	3:00	9	25:59	154	38:48
Radfahren 000	40.13	1:28:44	2:12	9	18:56	159	26:48	41.89	2:06:08	3:00	9	25:59	154	38:48
Lauf	10.00	1:12:26	7:14	10	28:37	171	35:54	51.89	3:18:34	3:49	9	54:36	166	1:14:24