



0000

ORAWETZ, Gerlinde

000: 3:19:46

00: Greifswald

00: 324

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 210 (of 233)

00000/0: 44 (of 54)

000000: 2:31:35

0000:

SEN3 / TW 50

00000: 4(of 6)

0000000: 2:47:31

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	40:10	26:46	4	4:11	44	16:56	1.50	40:10	26:46	4	4:11	44	16:56
Wechsel S -> R	0.26	3:16	12:33	3	0:28	26	1:24	1.76	43:26	24:40	4	4:36	43	18:20
Schwimmen 000	1.76	43:26	24:40	4	4:36	43	18:20	1.76	43:26	24:40	4	4:36	43	18:20
Rad netto	40.00	1:27:55	2:11	4	13:01	41	15:57	41.76	2:11:21	3:08	4	17:37	43	30:45
Wechsel R -> L	0.13	1:12	9:13	1	-	6	0:15	41.89	2:12:33	3:09	3	17:31	41	31:00
Radfahren 000	40.13	1:29:07	2:13	4	12:55	40	16:02	41.89	2:12:33	3:09	3	17:31	41	31:00
Lauf	10.00	1:07:13	6:43	5	14:44	44	22:42	51.89	3:19:46	3:50	4	32:15	44	48:11