



0000

BLOCH, MATHIAS

000: 3:38:05

00: ALTLANDSBERG

00: 351

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 222 (of 233)

00000/0: 173 (of 179)

000000: 2:04:10

0000:

SEN5 / TM 60

00000: 4(of 4)

0000000: 3:02:31

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	44:42	29:48	4	7:08	174	24:06	1.50	44:42	29:48	4	7:08	174	24:06
Wechsel S -> R	0.26	5:15	20:11	3	1:42	159	3:50	1.76	49:57	28:22	4	7:43	174	27:08
Schwimmen 000	1.76	49:57	28:22	4	7:43	174	27:08	1.76	49:57	28:22	4	7:43	174	27:08
Rad netto	40.00	1:32:07	2:18	3	8:31	168	30:54	41.76	2:22:04	3:24	4	13:38	171	55:27
Wechsel R -> L	0.13	2:48	21:32	4	1:21	163	2:05	41.89	2:24:52	3:27	4	14:59	171	57:32
Radfahren 000	40.13	1:34:55	2:21	3	9:52	167	32:59	41.89	2:24:52	3:27	4	14:59	171	57:32
Lauf	10.00	1:13:13	7:19	4	20:35	172	36:41	51.89	3:38:05	4:12	4	35:34	173	1:33:55