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ACAMPORA, Peter

000: 5:04:51

00: Weltraumjogger Berlin

00: 119

00: 116.79 km

00000/000: 47 (of 154)

Mittel Distanz (1,9/93/21 km)

00000/0: 46 (of 137)

000000: 4:12:50

0000:

00000: 8(of 25)

SEN2 / TM 45

0000000: 4:28:31

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.90	32:02	16:51	9	4:33	51	9:23	1.90	32:02	16:51	9	4:33	51	9:23
Wechsel S -> R	0.26	2:15	8:39	5	0:20	26	0:55	2.16	34:17	15:52	8	4:52	42	10:18
Schwimmen 000	2.16	34:17	15:52	8	4:52	42	10:18	2.16	34:17	15:52	8	4:52	42	10:18
Rad netto	93.00	2:48:22	1:48	11	16:52	56	53:47	95.16	3:22:39	2:07	9	20:43	49	55:23
Wechsel R -> L	0.13	1:07	8:35	2	0:04	12	0:26	95.29	3:23:46	2:08	9	20:21	47	31:31
Radfahren 000	93.13	2:49:29	1:49	10	16:46	50	28:29	95.29	3:23:46	2:08	9	20:21	47	31:31
Lauf	21.50	1:41:05	4:42	10	17:09	56	22:55	116.79	5:04:51	2:36	8	36:20	46	52:01