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## GEESDORF, Sven

□□: Polizei Berlin

□□: 162

□□: 116.79 km

Mittel Distanz (1,9/93/21 km)

□□□□:

SEN1 / TM 40

□□□□□/□□□: DNF (of 154)

□□□□□/□: DNF (of 137)

□□□□□□: 4:12:50

□□□□□: DNF(of 20)

□□□□□□□: 4:12:50

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| □□□            | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□    | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 1.90     | 38:17    | 20:08        | 19      | 11:44   | 119     | 15:38   | 1.90   | 38:17     | 20:08         | 19      | 11:44   | 119     | 15:38   |
| Wechsel S -> R | 0.26     | 3:26     | 13:12        | 14      | 1:50    | 76      | 2:06    | 2.16   | 41:43     | 19:18         | 17      | 13:19   | 109     | 17:44   |
| Schwimmen □□□  | 2.16     | 41:43    | 19:18        | 17      | 13:19   | 109     | 17:44   | 2.16   | 41:43     | 19:18         | 17      | 13:19   | 109     | 17:44   |
| Rad netto      | 93.00    | 3:16:56  | 2:07         | 20      | 55:02   | 126     | 1:22:21 | 95.16  | 3:58:39   | 2:30          | 20      | 1:06:27 | 124     | 1:31:23 |
| Wechsel R -> L | 0.13     | 2:54     | 22:18        | 17      | 2:08    | 113     | 2:13    | 95.29  | 4:01:33   | 2:32          | 20      | 1:08:35 | 122     | 1:09:18 |
| Radfahren □□□  | 93.13    | 3:19:50  | 2:08         | 20      | 57:10   | 125     | 58:50   | 95.29  | 4:01:33   | 2:32          | 20      | 1:08:35 | 122     | 1:09:18 |
| Lauf           | 21.50    | fehlt!   | -            | -       | -       | -       | -       | 116.79 | -         | -             | -       | -       | -       | -       |