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SCHOENE, Patrick

000: 5:43:20

00: Berliner TSC

00: 131

00: 116.79 km

Mittel Distanz (1,9/93/21 km)

00000/000: 107 (of 154)

00000/0: 101 (of 137)

000000: 4:12:50

0000:

SEN6 / TM 65

00000: 1(of 2)

0000000: 5:43:20

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.90	32:14	16:57	1	-	53	9:35	1.90	32:14	16:57	1	-	53	9:35
Wechsel S -> R	0.26	3:55	15:03	1	-	90	2:35	2.16	36:09	16:44	1	-	60	12:10
Schwimmen 000	2.16	36:09	16:44	1	-	60	12:10	2.16	36:09	16:44	1	-	60	12:10
Rad netto	93.00	2:55:38	1:53	1	-	76	1:01:03	95.16	3:31:47	2:13	1	-	67	1:04:31
Wechsel R -> L	0.13	1:52	14:21	1	-	63	1:11	95.29	3:33:39	2:14	1	-	65	41:24
Radfahren 000	93.13	2:57:30	1:54	1	-	74	36:30	95.29	3:33:39	2:14	1	-	65	41:24
Lauf	21.50	2:09:41	6:01	1	-	119	51:31	116.79	5:43:20	2:56	1	-	101	1:30:30