



0000

WIECZOREK, Linda

000: 5:58:02

00: Team Zoot Tri Europe

00: 28

00: 116.79 km

00000/000: 121 (of 154)

Mittel Distanz (1,9/93/21 km)

00000/0: 11 (of 17)

000000: 5:01:22

0000:

00000: 2(of 2)

SEN2 / TW 45

0000000: 5:17:35

0000

0000

000

| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|---------|--------|----|-------|----|-------|--------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 1.90 | 30:34 | 16:05 | 2 | 0:12 | 3 | 2:36 | 1.90 | 30:34 | 16:05 | 2 | 0:12 | 3 | 2:36 |
| Wechsel S -> R | 0.26 | 4:50 | 18:35 | 2 | 2:27 | 15 | 2:54 | 2.16 | 35:24 | 16:23 | 2 | 2:39 | 6 | 5:06 |
| Schwimmen 000 | 2.16 | 35:24 | 16:23 | 2 | 2:39 | 6 | 5:06 | 2.16 | 35:24 | 16:23 | 2 | 2:39 | 6 | 5:06 |
| Rad netto | 93.00 | 3:22:39 | 2:10 | 2 | 21:46 | 15 | 34:45 | 95.16 | 3:58:03 | 2:30 | 2 | 24:25 | 13 | 35:20 |
| Wechsel R -> L | 0.13 | 2:01 | 15:30 | 2 | 0:39 | 10 | 0:49 | 95.29 | 4:00:04 | 2:31 | 2 | 25:04 | 13 | 35:39 |
| Radfahren 000 | 93.13 | 3:24:40 | 2:11 | 2 | 22:25 | 15 | 35:04 | 95.29 | 4:00:04 | 2:31 | 2 | 25:04 | 13 | 35:39 |
| Lauf | 21.50 | 1:57:58 | 5:29 | 2 | 15:23 | 9 | 23:16 | 116.79 | 5:58:02 | 3:03 | 2 | 40:27 | 11 | 56:40 |