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KROLZIG, Thorsten

000: 2:27:37

00: Landshut

00: 302

00: 51.89 km

Olympisch (1,5/40/10 km)

00000/000: 29 (of 233)

00000/0: 29 (of 179)

000000: 2:04:10

0000:

AK4 / TM 35

00000: 8(of 28)

0000000: 2:08:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.50	30:22	20:14	14	9:02	65	9:46	1.50	30:22	20:14	14	9:02	65	9:46
Wechsel S -> R	0.26	2:26	9:21	9	0:50	38	1:01	1.76	32:48	18:38	14	9:52	63	9:59
Schwimmen 000	1.76	32:48	18:38	14	9:52	63	9:59	1.76	32:48	18:38	14	9:52	63	9:59
Rad netto	40.00	1:09:24	1:44	8	5:22	28	8:11	41.76	1:42:12	2:26	11	15:14	40	15:35
Wechsel R -> L	0.13	2:02	15:38	24	1:16	132	1:19	41.89	1:44:14	2:29	12	16:25	43	16:54
Radfahren 000	40.13	1:11:26	1:46	8	6:33	36	9:30	41.89	1:44:14	2:29	12	16:25	43	16:54
Lauf	10.00	43:23	4:20	6	4:19	24	6:51	51.89	2:27:37	2:50	8	18:53	29	23:27