



0000

WINKLER, Tobias

000: 1:15:48

00: Berlin

00: 677

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 16 (of 238)

00000/0: 16 (of 171)

000000: 1:08:20

0000:

AK4 / TM 35

00000: 4(of 32)

0000000: 1:12:09

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	12:51	18:21	16	3:10	63	5:44	0.70	12:51	18:21	16	3:10	63	5:44
Wechsel S -> R	0.26	2:12	8:27	8	0:32	28	0:58	0.96	15:03	15:40	14	2:43	51	6:40
Schwimmen 000	0.96	15:03	15:40	14	2:43	51	6:40	0.96	15:03	15:40	14	2:43	51	6:40
Rad netto	28.00	47:18	1:41	3	2:42	18	46:27	28.96	1:02:21	2:09	4	3:24	23	45:55
Wechsel R -> L	0.13	0:57	7:18	6	0:10	39	0:21	29.09	1:03:18	2:10	4	3:22	22	6:12
Radfahren 000	28.13	48:15	1:42	3	2:39	16	2:45	29.09	1:03:18	2:10	4	3:22	22	6:12
Lauf	3.60	12:30	3:28	3	0:18	12	1:16	32.69	1:15:48	2:19	4	3:39	16	7:28