



0000

SCHMIDT, Paul

000: 1:17:12

00: TVB09

00: 649

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 23 (of 238)

00000/0: 23 (of 171)

000000: 1:08:20

0000:

Junioren

00000: 2(of 3)

0000000: 1:17:00

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.70	11:41	16:41	1	-	27	4:34	0.70	11:41	16:41	1	-	27	4:34
Wechsel S -> R	0.26	2:12	8:27	1	-	28	0:58	0.96	13:53	14:27	1	-	24	5:30
Schwimmen 000	0.96	13:53	14:27	1	-	24	5:30	0.96	13:53	14:27	1	-	24	5:30
Rad netto	28.00	48:46	1:44	2	1:14	37	47:55	28.96	1:02:39	2:09	2	0:12	31	46:13
Wechsel R -> L	0.13	1:08	8:43	3	0:14	68	0:32	29.09	1:03:47	2:11	2	0:26	27	6:41
Radfahren 000	28.13	49:54	1:46	2	1:28	39	4:24	29.09	1:03:47	2:11	2	0:26	27	6:41
Lauf	3.60	13:25	3:43	2	0:33	27	2:11	32.69	1:17:12	2:21	2	0:12	23	8:52