



0000

JUSTIN, Giulio

000: 1:17:47

00: Berlin

00: 872

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 27 (of 238)

00000/0: 27 (of 171)

000000: 1:08:20

0000:

AK2 / TM 25

00000: 2(of 13)

0000000: 1:10:09

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	12:16	17:31	3	1:37	47	5:09	0.70	12:16	17:31	3	1:37	47	5:09
Wechsel S -> R	0.26	2:50	10:53	4	1:13	77	1:36	0.96	15:06	15:43	3	2:50	54	6:43
Schwimmen 000	0.96	15:06	15:43	3	2:50	54	6:43	0.96	15:06	15:43	3	2:50	54	6:43
Rad netto	28.00	47:57	1:42	2	3:07	29	47:06	28.96	1:03:03	2:10	2	5:57	37	46:37
Wechsel R -> L	0.13	1:13	9:21	8	0:33	83	0:37	29.09	1:04:16	2:12	2	6:30	34	7:10
Radfahren 000	28.13	49:10	1:44	2	3:40	28	3:40	29.09	1:04:16	2:12	2	6:30	34	7:10
Lauf	3.60	13:31	3:45	3	1:30	30	2:17	32.69	1:17:47	2:22	2	7:38	27	9:27