



0000

WITTKOPF, Tobias

000: 1:18:28

00: Berlin

00: 902

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 30 (of 238)

00000/0: 30 (of 171)

000000: 1:08:20

0000:

00000: 2(of 25)

SEN1 / TM 40

0000000: 1:13:30

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|----------------|-------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|-------|----|-------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Schwimmen nett | 0.70 | 12:51 | 18:21 | 7 | 2:38 | 63 | 5:44 | 0.70 | 12:51 | 18:21 | 7 | 2:38 | 63 | 5:44 |
| Wechsel S -> R | 0.26 | 2:22 | 9:06 | 6 | 0:28 | 41 | 1:08 | 0.96 | 15:13 | 15:51 | 7 | 2:48 | 59 | 6:50 |
| Schwimmen 000 | 0.96 | 15:13 | 15:51 | 7 | 2:48 | 59 | 6:50 | 0.96 | 15:13 | 15:51 | 7 | 2:48 | 59 | 6:50 |
| Rad netto | 28.00 | 47:19 | 1:41 | 3 | 46:28 | 19 | 46:28 | 28.96 | 1:02:32 | 2:09 | 3 | 46:06 | 27 | 46:06 |
| Wechsel R -> L | 0.13 | 1:21 | 10:23 | 13 | 0:29 | 103 | 0:45 | 29.09 | 1:03:53 | 2:11 | 2 | 3:51 | 31 | 6:47 |
| Radfahren 000 | 28.13 | 48:40 | 1:43 | 2 | 1:03 | 21 | 3:10 | 29.09 | 1:03:53 | 2:11 | 2 | 3:51 | 31 | 6:47 |
| Lauf | 3.60 | 14:35 | 4:03 | 7 | 1:13 | 58 | 3:21 | 32.69 | 1:18:28 | 2:24 | 2 | 4:58 | 30 | 10:08 |