



0000

WACKER, Henrik

000: 1:18:52

00: Berlin

00: 832

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 33 (of 238)

00000/0: 33 (of 171)

000000: 1:08:20

0000:

SEN4 / TM 55

00000: 2(of 13)

0000000: 1:18:37

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	11:52	16:57	1	-	30	4:45	0.70	11:52	16:57	1	-	30	4:45
Wechsel S -> R	0.26	2:24	9:13	3	0:22	46	1:10	0.96	14:16	14:51	1	-	32	5:53
Schwimmen 000	0.96	14:16	14:51	1	-	32	5:53	0.96	14:16	14:51	1	-	32	5:53
Rad netto	28.00	48:25	1:43	3	0:46	35	47:34	28.96	1:02:41	2:09	1	-	32	46:15
Wechsel R -> L	0.13	1:05	8:19	2	0:29	59	0:29	29.09	1:03:46	2:11	1	-	26	6:40
Radfahren 000	28.13	49:30	1:45	3	0:41	34	4:00	29.09	1:03:46	2:11	1	-	26	6:40
Lauf	3.60	15:06	4:11	4	2:02	74	3:52	32.69	1:18:52	2:24	2	0:15	33	10:32