



0000

Familie Güse

000: 1:20:18

00: Familie Güse

00: 942

00: 32.69 km

Jedermann/Sprint Staffel (0,7/28/3,6)

00000/000: 3 (of 26)

00000/000: 3 (of 26)

000000: 1:13:14

0000:

00000: 3(of 26)

Staffel Sprint

0000000: 1:13:14

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.70	12:34	17:57	7	1:58	7	1:58	0.70	12:34	17:57	7	1:58	7	1:58
Wechsel S -> R	0.26	1:10	4:29	3	0:03	3	0:03	0.96	13:44	14:18	5	1:59	5	1:59
Schwimmen 000	0.96	13:44	14:18	5	1:59	5	1:59	0.96	13:44	14:18	5	1:59	5	1:59
Rad netto	28.00	53:45	1:55	10	6:47	10	6:47	28.96	1:07:29	2:19	6	8:07	6	8:07
Wechsel R -> L	0.13	0:40	5:07	6	0:05	6	0:05	29.09	1:08:09	2:20	6	8:06	6	8:06
Radfahren 000	28.13	54:25	1:56	10	6:47	10	6:47	29.09	1:08:09	2:20	6	8:06	6	8:06
Lauf	3.60	12:09	3:22	1	-	1	-	32.69	1:20:18	2:27	3	7:04	3	7:04