



0000

THIEL, Sebastian

000: 1:25:08

00: PSV Olympia Berlin

00: 635

Enduro U13

00000/000: 73 (of 238)

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SEN1 / TM 40

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	13:58	19:57	12	3:45	85	6:51	0.70	13:58	19:57	12	3:45	85	6:51
Wechsel S -> R	0.26	2:59	11:28	13	1:05	85	1:45	0.96	16:57	17:39	10	4:32	81	8:34
Schwimmen 000	0.96	16:57	17:39	10	4:32	81	8:34	0.96	16:57	17:39	10	4:32	81	8:34
Rad netto	28.00	53:09	1:53	11	52:18	81	52:18	28.96	1:10:06	2:25	9	53:40	77	53:40
Wechsel R -> L	0.13	1:05	8:19	6	0:13	59	0:29	29.09	1:11:11	2:26	9	11:09	80	14:05
Radfahren 000	28.13	54:14	1:55	11	6:37	78	8:44	29.09	1:11:11	2:26	9	11:09	80	14:05
Lauf	3.60	13:57	3:52	5	0:35	44	2:43	-	1:25:08	-	8	11:38	68	16:48