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KRÜGER, Jörg

000: 1:25:31

00: Oranienburg

00: 831

Enduro U13

00000/000: 78 (of 238)

00000/0: 72 (of 171)

000000: 1:08:20

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AK3 / TM 30

0000000: 1:13:44

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	9:27	13:30	1	-	3	2:20	0.70	9:27	13:30	1	-	3	2:20
Wechsel S -> R	0.26	3:08	12:03	8	1:23	93	1:54	0.96	12:35	13:06	2	0:48	10	4:12
Schwimmen 000	0.96	12:35	13:06	2	0:48	10	4:12	0.96	12:35	13:06	2	0:48	10	4:12
Rad netto	28.00	56:03	2:00	12	10:00	111	55:12	28.96	1:08:38	2:22	7	9:25	73	52:12
Wechsel R -> L	0.13	1:48	13:50	16	1:09	139	1:12	29.09	1:10:26	2:25	7	10:11	75	13:20
Radfahren 000	28.13	57:51	2:03	11	11:01	112	12:21	29.09	1:10:26	2:25	7	10:11	75	13:20
Lauf	3.60	15:05	4:11	10	2:45	73	3:51	-	1:25:31	-	9	11:47	72	17:11