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MEYER, Michaela

000: 1:23:10

00: Hessenwinkler Old Boys

00: 778

00: 32.69 km

00000/000: 61 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

00000/0: 3 (of 67)

000000: 1:21:00

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00000: 2(of 11)

AK3 / TW 30

0000000: 1:21:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	11:48	16:51	2	2:00	5	2:00	0.70	11:48	16:51	2	2:00	5	2:00
Wechsel S -> R	0.26	2:46	10:38	5	0:43	15	0:47	0.96	14:34	15:10	2	2:43	5	2:43
Schwimmen 000	0.96	14:34	15:10	2	2:43	5	2:43	0.96	14:34	15:10	2	2:43	5	2:43
Rad netto	28.00	52:32	1:52	1	-	3	0:42	28.96	1:07:06	2:19	2	2:03	3	2:03
Wechsel R -> L	0.13	1:14	9:29	6	0:22	25	0:33	29.09	1:08:20	2:20	2	2:25	3	2:25
Radfahren 000	28.13	53:46	1:54	1	-	2	0:27	29.09	1:08:20	2:20	2	2:25	3	2:25
Lauf	3.60	14:50	4:07	3	0:47	7	1:09	32.69	1:23:10	2:32	2	2:10	3	2:10