



0000

SCHMIDT, Andi

000: 1:27:40

00: SSV Köpenick

00: 818

00: 32.69 km

00000/000: 95 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

00000/0: 84 (of 171)

000000: 1:08:20

0000:

00000: 13(of 24)

SEN2 / TM 45

0000000: 1:11:42

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	16:22	23:22	20	5:58	136	9:15	0.70	16:22	23:22	20	5:58	136	9:15
Wechsel S -> R	0.26	2:53	11:05	11	1:13	78	1:39	0.96	19:15	20:03	16	6:56	120	10:52
Schwimmen 000	0.96	19:15	20:03	16	6:56	120	10:52	0.96	19:15	20:03	16	6:56	120	10:52
Rad netto	28.00	51:30	1:50	9	5:05	60	50:39	28.96	1:10:45	2:26	14	12:01	82	54:19
Wechsel R -> L	0.13	1:14	9:29	9	0:31	86	0:38	29.09	1:11:59	2:28	14	12:32	86	14:53
Radfahren 000	28.13	52:44	1:52	9	5:36	62	7:14	29.09	1:11:59	2:28	14	12:32	86	14:53
Lauf	3.60	15:41	4:21	9	3:26	88	4:27	32.69	1:27:40	2:40	13	15:58	84	19:20