



0000

SCHIEMANN, Donald

000: 1:29:11

00: Berlin

00: 728

Enduro U13

00000/000: 103 (of 238)

00000/0: 88 (of 171)

000000: 1:08:20

0000:

00000: 19(of 32)

AK4 / TM 35

0000000: 1:12:09

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	16:31	23:35	27	6:50	140	9:24	0.70	16:31	23:35	27	6:50	140	9:24
Wechsel S -> R	0.26	3:02	11:39	18	1:22	91	1:48	0.96	19:33	20:21	24	7:13	126	11:10
Schwimmen 000	0.96	19:33	20:21	24	7:13	126	11:10	0.96	19:33	20:21	24	7:13	126	11:10
Rad netto	28.00	53:07	1:53	15	8:31	80	52:16	28.96	1:12:40	2:30	20	13:43	96	56:14
Wechsel R -> L	0.13	1:24	10:46	18	0:37	108	0:48	29.09	1:14:04	2:32	22	14:08	95	16:58
Radfahren 000	28.13	54:31	1:56	14	8:55	80	9:01	29.09	1:14:04	2:32	22	14:08	95	16:58
Lauf	3.60	15:07	4:11	12	2:55	75	3:53	-	1:29:11	-	19	17:02	88	20:51