



0000

VENTER, Katja

000: 1:28:50

00: SC Neubrandenburg

00: 899

00: 32.69 km

00000/000: 98 (of 238)

Jedermann/Sprint (0,7/28/3,6 km)

00000/0: 13 (of 67)

000000: 1:21:00

0000:

00000: 2(of 10)

SEN1 / TW 40

0000000: 1:26:30

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	14:08	20:11	3	1:21	16	4:20	0.70	14:08	20:11	3	1:21	16	4:20
Wechsel S -> R	0.26	2:21	9:02	1	-	6	0:22	0.96	16:29	17:10	2	0:17	14	4:38
Schwimmen 000	0.96	16:29	17:10	2	0:17	14	4:38	0.96	16:29	17:10	2	0:17	14	4:38
Rad netto	28.00	57:15	2:02	2	4:38	17	5:25	28.96	1:13:44	2:32	2	4:55	16	8:41
Wechsel R -> L	0.13	1:02	7:56	3	0:14	13	0:21	29.09	1:14:46	2:34	2	3:51	15	8:51
Radfahren 000	28.13	58:17	2:04	2	3:34	17	4:58	29.09	1:14:46	2:34	2	3:51	15	8:51
Lauf	3.60	14:04	3:54	1	-	3	0:23	32.69	1:28:50	2:43	2	2:20	13	7:50