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KAISER, Alexander

000: 1:32:15

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Enduro U13

00000/000: 124 (of 238)

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	13:58	19:57	14	3:34	85	6:51	0.70	13:58	19:57	14	3:34	85	6:51
Wechsel S -> R	0.26	3:36	13:50	19	1:56	122	2:22	0.96	17:34	18:17	15	5:15	90	9:11
Schwimmen 000	0.96	17:34	18:17	15	5:15	90	9:11	0.96	17:34	18:17	15	5:15	90	9:11
Rad netto	28.00	56:38	2:01	19	10:13	117	55:47	28.96	1:14:12	2:33	16	15:28	109	57:46
Wechsel R -> L	0.13	1:31	11:39	15	0:48	119	0:55	29.09	1:15:43	2:36	16	16:16	112	18:37
Radfahren 000	28.13	58:09	2:04	18	11:01	117	12:39	29.09	1:15:43	2:36	16	16:16	112	18:37
Lauf	3.60	16:32	4:35	11	4:17	110	5:18	-	1:32:15	-	15	20:33	107	23:55