



0000

SCHMIDT, Christian

000: 1:32:27

00: Berlin

00: 638

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 127 (of 238)

00000/0: 110 (of 171)

000000: 1:08:20

0000:

SEN5 / TM 60

00000: 3(of 3)

0000000: 1:23:59

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	15:52	22:40	3	1:48	128	8:45	0.70	15:52	22:40	3	1:48	128	8:45
Wechsel S -> R	0.26	2:45	10:34	2	0:19	71	1:31	0.96	18:37	19:23	3	1:58	109	10:14
Schwimmen 000	0.96	18:37	19:23	3	1:58	109	10:14	0.96	18:37	19:23	3	1:58	109	10:14
Rad netto	28.00	58:02	2:04	3	6:22	126	57:11	28.96	1:16:39	2:38	3	8:20	122	1:00:13
Wechsel R -> L	0.13	0:47	6:01	1	-	12	0:11	29.09	1:17:26	2:39	3	8:18	121	20:20
Radfahren 000	28.13	58:49	2:05	3	6:20	120	13:19	29.09	1:17:26	2:39	3	8:18	121	20:20
Lauf	3.60	15:01	4:10	2	0:10	70	3:47	32.69	1:32:27	2:49	3	8:28	110	24:07