



0000

SCHUSTER, Daniel

000: 1:32:49

00: Berlin

00: 863

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 128 (of 238)

00000/0: 111 (of 171)

000000: 1:08:20

0000:

00000: 18(of 25)

SEN1 / TM 40

0000000: 1:13:30

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.70	12:47	18:15	6	2:34	61	5:40	0.70	12:47	18:15	6	2:34	61	5:40
Wechsel S -> R	0.26	2:21	9:02	5	0:27	39	1:07	0.96	15:08	15:45	5	2:43	55	6:45
Schwimmen 000	0.96	15:08	15:45	5	2:43	55	6:45	0.96	15:08	15:45	5	2:43	55	6:45
Rad netto	28.00	58:54	2:06	20	58:03	132	58:03	28.96	1:14:02	2:33	16	57:36	107	57:36
Wechsel R -> L	0.13	1:38	12:33	17	0:46	128	1:02	29.09	1:15:40	2:36	17	15:38	111	18:34
Radfahren 000	28.13	1:00:32	2:09	20	12:55	135	15:02	29.09	1:15:40	2:36	17	15:38	111	18:34
Lauf	3.60	17:09	4:45	21	3:47	124	5:55	32.69	1:32:49	2:50	18	19:19	111	24:29