



0000

FV Erkner Piccolos

000: 1:30:05

00: FV Erkner Piccolos

00: 929

00: 32.69 km

Jedermann/Sprint Staffel (0,7/28/3,6)

00000/000: 13 (of 26)

00000/000: 13 (of 26)

000000: 1:13:14

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Staffel Sprint

00000: 13(of 26)

0000000: 1:13:14

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.70	18:35	26:32	24	7:59	24	7:59	0.70	18:35	26:32	24	7:59	24	7:59
Wechsel S -> R	0.26	1:07	4:17	1	-	1	-	0.96	19:42	20:31	23	7:57	23	7:57
Schwimmen 000	0.96	19:42	20:31	23	7:57	23	7:57	0.96	19:42	20:31	23	7:57	23	7:57
Rad netto	28.00	54:03	1:55	11	7:05	11	7:05	28.96	1:13:45	2:32	14	14:23	14	14:23
Wechsel R -> L	0.13	0:39	5:00	4	0:04	4	0:04	29.09	1:14:24	2:33	13	14:21	13	14:21
Radfahren 000	28.13	54:42	1:56	11	7:04	11	7:04	29.09	1:14:24	2:33	13	14:21	13	14:21
Lauf	3.60	15:41	4:21	12	3:32	12	3:32	32.69	1:30:05	2:45	13	16:51	13	16:51