



0000

RADUNZ, Michael

000: 1:32:58

00: RV Lichterfelde Steglitz

00: 680

Enduro U13

00000/000: 129 (of 238)

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00000: 16(of 20)

SEN3 / TM 50

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	13:16	18:57	12	3:11	80	6:09	0.70	13:16	18:57	12	3:11	80	6:09
Wechsel S -> R	0.26	4:15	16:20	19	2:28	137	3:01	0.96	17:31	18:14	14	5:10	89	9:08
Schwimmen 000	0.96	17:31	18:14	14	5:10	89	9:08	0.96	17:31	18:14	14	5:10	89	9:08
Rad netto	28.00	53:33	1:54	12	7:32	86	52:42	28.96	1:11:04	2:27	12	12:11	85	54:38
Wechsel R -> L	0.13	2:08	16:24	19	1:20	151	1:32	29.09	1:13:12	2:30	13	13:30	90	16:06
Radfahren 000	28.13	55:41	1:58	12	8:51	92	10:11	29.09	1:13:12	2:30	13	13:30	90	16:06
Lauf	3.60	19:46	5:29	19	7:27	152	8:32	-	1:32:58	-	16	20:57	112	24:38