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TASSLER, Volkmar

000: 1:33:25

00: Immekath

00: 835

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 133 (of 238)

00000/0: 116 (of 171)

000000: 1:08:20

0000:

SEN4 / TM 55

00000: 8(of 13)

0000000: 1:18:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	15:48	22:34	9	3:56	126	8:41	0.70	15:48	22:34	9	3:56	126	8:41
Wechsel S -> R	0.26	3:24	13:04	9	1:22	111	2:10	0.96	19:12	20:00	9	4:56	119	10:49
Schwimmen 000	0.96	19:12	20:00	9	4:56	119	10:49	0.96	19:12	20:00	9	4:56	119	10:49
Rad netto	28.00	53:25	1:54	7	5:46	84	52:34	28.96	1:12:37	2:30	7	9:56	95	56:11
Wechsel R -> L	0.13	1:39	12:41	10	1:03	130	1:03	29.09	1:14:16	2:33	7	10:30	98	17:10
Radfahren 000	28.13	55:04	1:57	7	6:15	85	9:34	29.09	1:14:16	2:33	7	10:30	98	17:10
Lauf	3.60	19:09	5:19	11	6:05	147	7:55	32.69	1:33:25	2:51	8	14:48	116	25:05