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UNTERDÖRFEL, Juliane

000: 1:31:18

00: SCC SKATING

00: 735

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 119 (of 238)

00000/0: 17 (of 67)

000000: 1:21:00

0000:

AK3 / TW 30

00000: 5(of 11)

0000000: 1:21:00

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.70	13:03	18:38	3	3:15	11	3:15	0.70	13:03	18:38	3	3:15	11	3:15
Wechsel S -> R	0.26	4:35	17:37	10	2:32	50	2:36	0.96	17:38	18:22	6	5:47	18	5:47
Schwimmen 000	0.96	17:38	18:22	6	5:47	18	5:47	0.96	17:38	18:22	6	5:47	18	5:47
Rad netto	28.00	58:17	2:04	6	5:45	21	6:27	28.96	1:15:55	2:37	5	10:52	18	10:52
Wechsel R -> L	0.13	1:04	8:12	3	0:12	16	0:23	29.09	1:16:59	2:38	5	11:04	18	11:04
Radfahren 000	28.13	59:21	2:06	5	5:35	20	6:02	29.09	1:16:59	2:38	5	11:04	18	11:04
Lauf	3.60	14:19	3:58	2	0:16	5	0:38	32.69	1:31:18	2:47	5	10:18	17	10:18