



0000

Die Fantastischen Drei

000: 1:33:33

00: Die Fantastischen Drei

00: 950

00: 32.69 km

Jedermann/Sprint Staffel (0,7/28/3,6)

00000/000: 16 (of 26)

00000/000: 16 (of 26)

000000: 1:13:14

0000:

Staffel Sprint

00000: 16(of 26)

0000000: 1:13:14

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0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 000 | 00 000 | 000 | 000 | 000 | 00 - | 00 - | 00 000 | 00 000 |
|----------------|----------|----------|--------------|---------|---------|-----------|-----------|-------|---------|-------|---------|---------|-----------|-----------|
| Schwimmen nett | 0.70 | 14:19 | 20:27 | 14 | 3:43 | 14 | 3:43 | 0.70 | 14:19 | 20:27 | 14 | 3:43 | 14 | 3:43 |
| Wechsel S -> R | 0.26 | 3:14 | 12:26 | 22 | 2:07 | 22 | 2:07 | 0.96 | 17:33 | 18:16 | 18 | 5:48 | 18 | 5:48 |
| Schwimmen 000 | 0.96 | 17:33 | 18:16 | 18 | 5:48 | 18 | 5:48 | 0.96 | 17:33 | 18:16 | 18 | 5:48 | 18 | 5:48 |
| Rad netto | 28.00 | 1:01:10 | 2:11 | 18 | 14:12 | 18 | 14:12 | 28.96 | 1:18:43 | 2:43 | 18 | 19:21 | 18 | 19:21 |
| Wechsel R -> L | 0.13 | 0:38 | 4:52 | 3 | 0:03 | 3 | 0:03 | 29.09 | 1:19:21 | 2:43 | 16 | 19:18 | 16 | 19:18 |
| Radfahren 000 | 28.13 | 1:01:48 | 2:11 | 18 | 14:10 | 18 | 14:10 | 29.09 | 1:19:21 | 2:43 | 16 | 19:18 | 16 | 19:18 |
| Lauf | 3.60 | 14:12 | 3:56 | 6 | 2:03 | 6 | 2:03 | 32.69 | 1:33:33 | 2:51 | 16 | 20:19 | 16 | 20:19 |