



0000

WIBB 1

000: 1:34:10

00: WIBB 1

00: 930

00: 32.69 km

Jedermann/Sprint Staffel (0,7/28/3,6)

00000/000: 17 (of 26)

00000/000: 17 (of 26)

000000: 1:13:14

0000:

Staffel Sprint

00000: 17(of 26)

0000000: 1:13:14

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Schwimmen nett	0.70	11:23	16:15	3	0:47	3	0:47	0.70	11:23	16:15	3	0:47	3	0:47
Wechsel S -> R	0.26	2:00	7:41	19	0:53	19	0:53	0.96	13:23	13:56	3	1:38	3	1:38
Schwimmen 000	0.96	13:23	13:56	3	1:38	3	1:38	0.96	13:23	13:56	3	1:38	3	1:38
Rad netto	28.00	1:07:33	2:24	22	20:35	22	20:35	28.96	1:20:56	2:47	19	21:34	19	21:34
Wechsel R -> L	0.13	0:37	4:44	2	0:02	2	0:02	29.09	1:21:33	2:48	19	21:30	19	21:30
Radfahren 000	28.13	1:08:10	2:25	23	20:32	23	20:32	29.09	1:21:33	2:48	19	21:30	19	21:30
Lauf	3.60	12:37	3:30	2	0:28	2	0:28	32.69	1:34:10	2:52	17	20:56	17	20:56