



0000

STECHERT, Caroline

000: 1:37:05

00: Berlin

00: 734

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 159 (of 238)

00000/0: 28 (of 67)

000000: 1:21:00

0000:

AK2 / TW 25

00000: 5(of 7)

0000000: 1:25:25

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	16:51	24:04	6	3:51	51	7:03	0.70	16:51	24:04	6	3:51	51	7:03
Wechsel S -> R	0.26	3:23	13:00	4	0:37	29	1:24	0.96	20:14	21:04	5	4:28	43	8:23
Schwimmen 000	0.96	20:14	21:04	5	4:28	43	8:23	0.96	20:14	21:04	5	4:28	43	8:23
Rad netto	28.00	58:37	2:05	5	4:33	24	6:47	28.96	1:18:51	2:43	5	9:01	30	13:48
Wechsel R -> L	0.13	0:50	6:24	1	-	4	0:09	29.09	1:19:41	2:44	4	8:49	29	13:46
Radfahren 000	28.13	59:27	2:06	5	4:21	21	6:08	29.09	1:19:41	2:44	4	8:49	29	13:46
Lauf	3.60	17:24	4:49	4	2:51	30	3:43	32.69	1:37:05	2:58	5	11:40	28	16:05