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SCHNEEWEIß, Ronja

000: 1:47:40

00: Berlin

00: 689

00: 32.69 km

Jedermann/Sprint (0,7/28/3,6 km)

00000/000: 199 (of 238)

00000/0: 48 (of 67)

000000: 1:21:00

0000:

AK2 / TW 25

00000: 7(of 7)

0000000: 1:25:25

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.70	16:01	22:52	5	3:01	42	6:13	0.70	16:01	22:52	5	3:01	42	6:13
Wechsel S -> R	0.26	5:00	19:13	7	2:14	57	3:01	0.96	21:01	21:53	7	5:15	51	9:10
Schwimmen 000	0.96	21:01	21:53	7	5:15	51	9:10	0.96	21:01	21:53	7	5:15	51	9:10
Rad netto	28.00	1:06:19	2:22	7	12:15	52	14:29	28.96	1:27:20	3:00	7	17:30	50	22:17
Wechsel R -> L	0.13	2:32	19:29	7	1:42	63	1:51	29.09	1:29:52	3:05	7	19:00	56	23:57
Radfahren 000	28.13	1:08:51	2:26	7	13:45	53	15:32	29.09	1:29:52	3:05	7	19:00	56	23:57
Lauf	3.60	17:48	4:56	6	3:15	35	4:07	32.69	1:47:40	3:17	7	22:15	48	26:40